



benefitNEWS

## PREVALANCE OF WELLNESS PROGRAMS IN 2012



### WELLNESS PROGRAMS

Almost **one-quarter** of organizations offered wellness programs 2012.

# 35%

of organizations offered rewards or discounts when employees completed certain health and wellness activities. Some offered health care discounts for employee participation:



**21%** of organizations provided health care premium discounts for getting an annual health risk assessment.



**15%** offered discounts for participating in a wellness program.



**20%** provided a discount for not using tobacco products.



**9%** provided health care premium discounts for participating in a weight-loss program.

To build your company's roadmap to a healthier workforce, call our Employee Benefits team at 877-861-3220, or learn more about the services we provide by clicking [here](#).



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