Spending Up on Mental Health and Substance Use Services

According to a 2013 report by the Health Care Cost Institute (HCCI), mental health and substance abuse costs have increased substantially since the mental health parity law expanded access. The group found that substance use hospital admissions grew by 19.5% in 2011 for people under the age of 65 covered by employer-sponsored health insurance. By comparison, between 2010 and 2011, mental health admissions increased by 5.9%, while medical/surgical admissions declined by 2.3% for this population. The complete report is available on the <a href="https://doi.org/10.1001/journal.org/1

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