



benefitNEWS

Hawaii Ranked #1 in Wellbeing for 4th Straight Year

According to their latest annual poll measuring the nation's health and wellbeing, Gallup's 2012 survey found that Hawaii residents have the highest wellbeing in the nation for the fourth consecutive year. Hawaiians scored first with a Gallup-Healthways Well-Being Index score of 71.1 in 2012. This is up from 70.2 in 2011. Nationally, wellbeing was mostly unchanged from 2011 to 2012 across the nation. Colorado, Minnesota, Utah, and Vermont rounded out the top five states with the highest wellbeing scores last year. West Virginia residents have the lowest overall wellbeing for the fourth year in a row, with a Well-Being Index score of 61.3 in 2012; slightly lower than the 62.3 in 2011. Kentucky, Mississippi, Tennessee, and Arkansas also had among the five lowest wellbeing scores in the country.

The annual Gallup survey measures the health and wellbeing of all 50 states. To get access to the complete survey's results, [click here](#). For information on designing a wellness program custom-made for your organization, contact your Conner Strong & Buckelew account representative to ask about our unique services.



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