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FITTEST CITIES IN AMERICA

ACCORDING TO A NEW REPORT BY THE AMERICAN COLLEGE OF SPORTS MEDICINE, HERE ARE THE TOP 10 "FITTEST CITIES" IN AMERICA; AND 4 OF THE 10 ARE IN CALIFORNIA:



1	> WASHINGTON <i>District of Columbia</i>	
2	> MINNESOTA-ST. PAUL <i>Minnesota</i>	
3	> PORTLAND <i>Oregon</i>	
4	> DENVER <i>Colorado</i>	
5	> SAN FRANCISCO <i>California</i>	
6	> SAN JOSE <i>California</i>	
7	> SEATTLE <i>Washington</i>	
8	> SAN DIEGO <i>California</i>	
9	> BOSTON <i>Massachusetts</i>	
10	> SACRAMENTO <i>California</i>	



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